

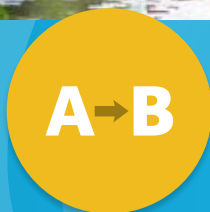
# Rideau Canal

Westport • Delta • Jasper

CYCLING ITINERARY



EXPERIENCE RATING  
CHALLENGING



DISTANCE  
125KM (78M)

The Great  
Waterway

South Eastern Ontario

# Rideau Canal

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CYCLING ITINERARY



Cycling route: 125km (78 miles)

Cycling in: The Great Waterway,  
Leeds Grenville

Number of days cycling: 1

Recommended number  
of nights stay: 2

Experience rating:  
challenging, recommended for  
experienced road cyclists

This route starts and ends in Westport from Foley Mountain Conservation Area but can also start from the town centre or in Delta, home of the Historic Old Stone Mill.

If cyclists are daring enough to start from Foley Mountain, it is highly recommended to take a few moments and explore Spy Rock Lookout where you can have a spectacular view of Westport 200 feet below and the route that lies ahead. Remember your cycle journey starts on a downhill and ends on the uphill!

Delta also offers a great starting point for all cyclists and a must see is the Old Stone Mill where heritage wheat is still milled into flour today. If you are lucky enough and early enough you might get a loaf of bread baked fresh every Saturday morning during the summer months.

This 125km loop joins up with the 76km Rideau Canal Cycling Itinerary: Kemptville - Merrickville - Jasper route, making a 201km loop that allows you to explore all of Leeds Grenville.

ONTARIO  
*Yours to discover*

The Great  
waterway  
South Eastern Ontario

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## Logistics

### Distance

125km (78 miles)

### Roads

- Country roads – quiet along most sections.
- Few paved shoulders – some wider than others.
- Climbs – rolling hills – flat.
- Suitable for all types of bicycles.

### Cautions and Notes

- Short stretches along Highway 15 can be busy with summer traffic.
- Highway 42 leading into and out of Westport can be busy with summer traffic.
- Bring adequate water and snacks to cover distances between services.

### Parking and Transportation

- Foley Mountain Conservation Area (Westport)
- Westport Community Arena
- Delta Mill (Delta)

### Services

#### WESTPORT

- Accommodations
- Restaurants/cafés
- Food/grocery/convenience stores
- Public washrooms
- Gas stations
- ATM
- Art galleries
- Shopping

#### DELTA

- Accommodations
- Public washrooms
- ATM
- Historic attractions

#### TOLEDO

- Public washrooms
- ATM

#### JASPER

- Public washrooms
- ATM

#### NEWBORO

- Restaurant/café
- Public washrooms
- Shopping

#### PORTLAND

- Restaurant/café
- Public washrooms

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CYCLING ITINERARY

## Directions

**A**

**0km**

Start Foley Mountain  
~ Spy Rock Lookout



**0km**

Head northwest on  
Foley Mountain Road  
toward Grady Road



**0.5km**

Turn left on  
County Road 10

**B**

**0.5km**

Welcome to Westport



**1km**

Continue on Main Street/  
Regional Road 10, continue  
to follow Regional Road 10



**2km**

Turn left on Concession  
Street/County Road 42 East  
(signs for Regional Road  
42/Regional Road 10)

**C**

**10km**

Welcome to Newboro



**10km**

Continue to follow  
County Road 42 East

**D**

**19km**

Forfar Cheese Factory



**19km**

Turn right to stay on  
County Road 42 East



**29.5km**

Turn right on  
Court Street



**30km**

Turn right on Lower  
Beverly Lake Park Road



**30.5km**

Turn left to stay on Lower  
Beverly Lake Park Road



**30.5km**

Slight left to stay on Lower  
Beverly Lake Park Road

**E**

**30.5km**

Welcome to  
Delta and the  
Old Stone Mill



**31km**

Turn right on Court Street



**31km**

Turn left on County  
Road 42 East



**32km**

Turn right on Delta Road  
(signs for Daytown Road)



**34km**

Continue on Daytown Road

*Continued...*

# Rideau Canal

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CYCLING ITINERARY

## Directions (Continued)



**37.5km**

Continue on Plum Hollow Road



**41km**

Turn left on County Road 5



**46km**

Turn right on County Road 8



**53.5km**

Welcome to Toledo



**55km**

Turn left on County Road 29



**62km**

Turn right on County Road 16



**66km**

Welcome to Jasper



**66.5km**

Take the 3rd left on County Road 17



**67km**

Take the 2nd left on Line Road 3



**79km**

Continue on Newboyne Line



**84km**

Slight right to stay on Newboyne Line



**85km**

Turn right on County Road 5



**87.5km**

Turn right on ON-15 N  
(Can be busy during summer months)



**88km**

Take the 1st left on County Road 38 (signs for Briton-Houghton/Bay Road)



**92.5km**

Turn left on Old Kingston Road



**98.5km**

Turn right on ON-15 S



**101km**

Welcome to Portland



**101.5km**

Turn right on Cove Road



**104.5km**

Turn right on Big Rideau Lake Road



**105km**

Take the 1st left to stay on Big Rideau Lake Road

*Continued...*

# Rideau Canal

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CYCLING ITINERARY

## Directions (Continued)



**106.75km** Slight left on McCann Road



**110.5km** Continue on Townline Road



**114km** Turn right on Drummond Street/County Road 42 West



**114km** Continue to follow County Road 42 West



**123km** Turn right on Rideau Street/Regional Road 10



**123km** Continue to follow Regional Road 10



**123.5km** Continue on County Road 10



**124.5km** Turn right on Foley Mountain Road



**125km** End Foley Mountain ~ Spy Rock Lookout



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CYCLING ITINERARY

## Information Links

**The Great Waterway website:**

[www.thegreatwaterway.com](http://www.thegreatwaterway.com)

**Leeds Grenville website:**

[www.leedsgrenville.com/en/visit/thingstodo/Cycling.asp](http://www.leedsgrenville.com/en/visit/thingstodo/Cycling.asp)

**For more information on the Rideau Heritage Route:**

[www.rideauheritageroute.ca](http://www.rideauheritageroute.ca)

**For Welcome Cyclists certified bicycle friendly accommodations, cafés, restaurants and more:**

[www.welcomecyclists.ca](http://www.welcomecyclists.ca)

**For more information on Foley Mountain:**

[www.ontariotrails.on.ca/trails-a-z/foley-mountain-trails/](http://www.ontariotrails.on.ca/trails-a-z/foley-mountain-trails/)

**For more information on the Old Stone Mill:**

[www.deltamill.org](http://www.deltamill.org)

**For more information on cycling the Frontenac Arch Biosphere:**

[www.cyclethearch.ca](http://www.cyclethearch.ca)

## Disclaimer

This map has been developed to assist in planning bicycle trips throughout The Great Waterway. All routes are on shared roadways and cyclists must use these streets with caution. Always wear the proper safety gear when cycling, ride sensibly and abide by all laws. Each route should be evaluated by each individual cyclist based on their level of experience, comfort level in cycling in traffic, weather conditions, time of day, and any road obstacles. The Great Waterway does not assume any liability whatsoever for bicyclists travelling upon these routes.